

3641 Ga. Highway 20 South  
Conyers, GA 30013  
Tel: (770) 918-1234  
Fax: (770) 918-1235

# EAST METRO INTERNAL MEDICINE

Roopal Desai, M.D.

4139 Baker Street  
Covington, GA 30014  
TEL: 770 786-9499  
FAX: 770 786-9757

## Medical History

Date: \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_  
Address \_\_\_\_\_ Sex:  M  F  
Home Phone \_\_\_\_\_  
Work Phone \_\_\_\_\_  
Occupation \_\_\_\_\_ Emergency Contact \_\_\_\_\_  
Phone CELL  
 Single  Married  Divorced  Widowed  Separated

If married, spouse's name \_\_\_\_\_  
Children's Names and ages \_\_\_\_\_

## Allergies to Medications, X-Ray Dyes, or Other Substances

No  Yes

(If yes, please list name of medicine and type of reaction)

## Past Medical History & Review of Systems

Please circle if you have had problems with or are presently complaining of any of the following:

- |                               |                                  |                         |
|-------------------------------|----------------------------------|-------------------------|
| 1. Diabetes/Sugar             | 19. Hay fever                    | 37. Skin diseases       |
| 2. Cancer                     | 20. Rheumatic fever              | 38. Venereal diseases   |
| 3. Head or Neck Radiation     | 21. Sinus trouble                | 39. HIV or high risk    |
| 4. High blood pressure        | 22. Abdominal discomfort         | 40. Frequent urination  |
| 5. Frequent nose bleeds       | 23. Indigestion                  | 41. Kidney stones       |
| 6. Heart disease              | 24. Ulcers                       | 42. Kidney disease      |
| 7. Heart murmur               | 25. Nausea                       | 43. Headache            |
| 8. Palpitations               | 26. Vomiting                     | 44. Arthritis           |
| 9. Chest pain/chest tightness | 27. Constipation                 | 45. Gout                |
| 10. Shortness of breath       | 28. Diarrhea                     | 46. Lower back problems |
| 11. Swollen ankles            | 29. Blood in stool               | 47. Blood disorders     |
| 12. Double/blurred vision     | 30. Hemorrhoids                  | 48. Anemia              |
| 13. Lightheadedness           | 31. Recent loss of appetite      | 49. Anxiety             |
| 14. Persistent cough          | 32. Unexplained weight gain/loss | 50. Depression          |
| 15. Asthma                    | 33. Colitis                      | 51. Alcohol abuse       |
| 16. Bronchitis                | 34. Hepatitis or jaundice        | 52. Drug abuse          |
| 17. Pneumonia                 | 35. Gall bladder disease         | 53. _____               |
| 18. T.B.                      | 36. Thyroid disease              | 54. _____               |

## Gynecologic and Obstetric History

Age at onset of periods: \_\_\_\_\_ Frequency: \_\_\_\_\_ Length of period: \_\_\_\_\_ Date of last menstrual period: \_\_\_\_\_

Pregnancies: \_\_\_\_\_ Births: \_\_\_\_\_ Miscarriages: \_\_\_\_\_

Prolonged or abnormal bleeding:  No  Yes (Please describe): \_\_\_\_\_

Leakage of urine:  No  Yes (Please describe): \_\_\_\_\_

Pelvic pain:  No  Yes (Please describe): \_\_\_\_\_

Abnormal discharge:  No  Yes (Please describe): \_\_\_\_\_

History of abnormal Pap smear:  No  Yes (Please describe): \_\_\_\_\_

Pregnant  No  Yes Planning Pregnancy:  No  Yes

Sexually Active  No  Yes Use birth control:  No  Yes

Have passed menopause:  No  Yes Taking Hormones:  No  Yes

Patient Name \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Please List and Supply the Dates of:**

Operations: \_\_\_\_\_

Hospitalizations other than for surgery: \_\_\_\_\_

Immunization history – have you had: Pneumovax immunization?  No  Yes When? \_\_\_\_\_

Hepatitis B?  No  Yes When? \_\_\_\_\_ Flu immunization?  No  Yes When? \_\_\_\_\_

Other?  No  Yes When? \_\_\_\_\_ Tetanus immunization?  No  Yes When? \_\_\_\_\_

When was your last:

Pap smear? \_\_\_\_\_ Mammogram? \_\_\_\_\_ Breast exam? \_\_\_\_\_

Cholesterol check? \_\_\_\_\_ EKG? \_\_\_\_\_ Chest x-ray? \_\_\_\_\_

Stool check for blood? \_\_\_\_\_ Prostate exam? \_\_\_\_\_ Colon screen? \_\_\_\_\_

**Family History**

Has any member of your family (including parents, grandparents, and siblings) ever had the following?

Illness	Which family members?	Approx. age when diagnosed
Cancer (describe type)	_____	_____
Hypertension (high blood pressure)	_____	_____
Heart disease	_____	_____
Diabetes	_____	_____
Strokes	_____	_____
Mental disease (anxiety, depression, etc.)	_____	_____
Drug or alcohol addiction	_____	_____
Glaucoma	_____	_____
Bleeding diseases	_____	_____
Other:	_____	_____

**Medications (Prescription, Over-the-Counter, Vitamins, Herbs, etc.)**

Drug name	Dose	Drug name	Dose
_____	_____	_____	_____
_____	_____	_____	_____

**Prevention**

Do you smoke?  No  Yes If yes, how many packs per day? \_\_\_\_\_ How long? \_\_\_\_\_ When stopped? \_\_\_\_\_

Do you drink alcoholic beverages?  No  Yes If yes, type & amount? \_\_\_\_\_ How long? \_\_\_\_\_ When stopped? \_\_\_\_\_

Do you drink coffee?  No  Yes If yes, how many cups per day? \_\_\_\_\_

Do you drink tea?  No  Yes If yes, how many cups per day? \_\_\_\_\_

Do you use drugs? (marijuana, cocaine, crack, etc.)  No  Yes If yes, explain: \_\_\_\_\_

How long? \_\_\_\_\_ When stopped? \_\_\_\_\_

Have you ever engaged in any activity which has put you at risk of getting AIDS?  No  Yes If yes, explain: \_\_\_\_\_

Do you wish to be tested for AIDS?  No  Yes

Have you ever worked with chemicals, paints, asbestos, or other hazardous materials?  No  Yes If yes, explain: \_\_\_\_\_

Do you have a "living will"?  No  Yes

Do you have a donor card?  No  Yes

What is your exercise routine? \_\_\_\_\_

Method of birth control? \_\_\_\_\_